

FUN INDOOR CORPORATE TEAM BUILDING EXERCISES

OUTDOOR TEAM BUILDING EXERCISES ARE A LOT OF FUN!

Sometimes you need indoor team building activity ideas for when the weather outside is unbearable or unpredictable.

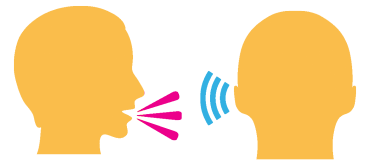
Below are some indoor corporate team building exercises:



ACTIVE LISTENING GAMES IMPROVE TEAM COMMUNICATIONS

Active listening is very important to achieve results and eliminate confusion. That is why active listening activities make great team building exercises.

Everyone gets into groups of 2 or 3. One person tells a story for 3 minutes, and then the other person re-tells the story. Both people cannot interrupt the person who is telling the story. This listening activity illustrates that it is just as important to listen as it is to talk. One of many fun listening exercises in [Questions are the Answer!](#)



THE DRAWING SHEET

You need some pencils, pens and paper for this activity.

Get everyone in groups of 3. One person in the group draws a line and then passes it to the next member. Each person gets 5 seconds to add their line. Stop after 20 to 30 rotations (watch the images develop).

After the exercise is completed, ask your members a couple of questions. What got created that was recognizable?

What did you learn? How did the limited amount of time affect you?

One of many team building exercises in [Get Connected, Get Collaborating!](#)



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BUILD A SHELTER

This team building exercise works best in groups of 4 or 5. Pipe cleaners, toothpicks, paper, string and tape are given to the participants. You can scale the resources larger to make the shelter larger. Give teams 10 minutes to build their shelter so that it is strong enough to withstand 3 tennis balls. Allow other teams to throw the tennis balls. This is a great starting team building exercise that causes participants to get actively involved in a team building activity so they stop engaging like students who sit and listen. Check out award winning team exercises that run indoors.



CONSTRUCT A TALE

Have participants stand in a circle with a ball. The first person begins telling the story. After that, he or she passes the ball or to the next person. Each person only gets to say 10 words. This activity helps improve teamwork, communication and listening skills. A modified version of this game is used in the popular [*Meetings that Produce Results*](#).



THE LITTLE KNOWN FACT GAME

Even though your employees see each other every day, there are still a lot of things that they do not know about each other. You can help your employees learn more about each other by having them share one fact that people may not know about them. This is a simple, stress-free icebreaker. You can also ask them to stand with the person they know the least and have them interview each other. This game is similar to “What you said is important to me because...” which is an amazing learning game

in [*Communicate Naturally*](#).

